

Colour Tips for April & May

APRIL 2010 – ISSUE 124

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WHAT IS UNCONDITIONAL LOVE?

Unconditional love is a concept that means showing love and devotion towards someone and is often used to describe love between family members, comrades in arms and the intense feelings between two people in a highly committed relationship. It's ideology is comparable to true love, a term which is more frequently used to describe love between sweethearts. It has also been used in a "religious" context to describe God's love for humankind.

In conditional love, love is based on specific conscious or unconscious conditions. Whereas, in unconditional love, love is given freely to the loved one no matter what. Conditional love requires some kind of finite exchange whereas **unconditional love is seen as infinite and measureless.**

It is said that the greatest power known to man is that of unconditional love. Through the ages, mystics, sages, singers, musicians and poets all have expressed love ballads. Humans are continually searching for the experience of true love.

Maybe we have missed the simplicity of unconditional love. We are unlimited to our thoughts and feelings in life and can create any reality we choose to focus our attention upon. **The qualities of love are endless and our methods of expression vast. The power to give or receive unconditional love is within each of us.** (However, if we need a little assistance Colour Energy has easy to use tools such as its Unconditional Love Essence or Pink Cosmic Chakra Blend.)

Unconditional love of self is the concept of loving yourself. This includes not denying yourself and your feelings in favour of others. A person may have to move away from others who

do not love them without condition. If a person is looking outside her/himself for love s/he may never find unconditional love or even enough love to be happy. Unconditional love of self is considered the foundation for unconditional love. Once a person is able to love her/himself without condition s/he will overflow with the love energy vibe and be able to love others without condition. Unconditional love of self is most often used in conjunction with inner strength and self-acceptance as a way to bring the self to a place of well-being and self-understanding.

For many people unconditional love is not easy to understand, probably because people have misused the term to demand more love from a person than possible for that person to give. This false definition would actually be more synonymous with a guilt-trip. It is impossible to define unconditional love when people put expectations on it that can ultimately end up in disappointment. **So love yourself and love others unconditionally and teach others to do the same. Let's make the world vibrate the loving pink ray!**

UNCONDITIONAL LOVE ESSENCE

The sharing of love is the most fundamental alchemy of life. The combining of love and wisdom is the essence of compassion – Unconditional Love. Colour Energy's Unconditional Love Essence is a wonderful gift to give yourself and others (ideal Mother's Day present).

The Unconditional Love Essence helps to build up one's self-confidence and nurtures a good relationship with oneself (encourages self-worth and self-love) as well as with others. This beautiful PINK Essence helps us to release feelings of aggression and anger. Connects us to be at one with All Creation. By allowing this higher vibrational Essence to support our being through the Universal and Unconditional Love energy, helps one to connect to their self-identity. Loving

and nurturing oneself is a key factor to harmonious relationships with others.

Colour Energy Alchemy Essence products are made by using a concise Alchemy process that includes coded information from crystals, essential oils, flowers, herbs, geometric patterns, cosmic vibrations, planetary frequencies and colours.



Mother's Day is just around the corner, here are some Colour Energy Gift Ideas:

- **Unconditional Love Essence** – Let your mom know how much you love & appreciate her!
- **Guardian Angel Essence** – A kind reminder that she is never alone.
- **Silk Scarves** – Available in every colour of the Rainbow. A luxurious gift to brighten any outfit.
- **Gemstone Chip Jewellery** – Available in a Necklace, Bracelet or Anklet. Layer a few of these for a lively sparkle
- **Pink & Red Bath Kits** – A full body and soul treatment to pamper and rejuvenate the special woman in your life.
- **Heavenly Scent Diffusers** – Create a loving and nurturing ambience in your home with the use of an ionizing aromatherapy diffuser. Size "Mini" now available in Pink!

FOR MORE INFORMATION ON COLOUR ENERGY'S THERAPEUTIC ALCHEMY PRODUCTS VISIT WWW.COLOURENERGY.COM.

AS WE MAKE OUR WAY INTO THE RED RAY, USE THIS MONTH TO CONNECT TO YOUR PHYSICAL BEING.

Nowadays we tend to put much importance on what we would like to acquire in materialistic wealth rather than on our own health. RED energy is the colour that gives our body strength so that we are able to enjoy the things in life that we earn. There is no point working towards a goal if we are not healthy enough to appreciate the benefits. So explore your RED Root Chakra and connect to your earthly existence and live life with passion and zest!

RED-IS YOUR PHYSICAL/BODY INTELLIGENCE.

RED energy stands for vitality, strength and courage. Rev up your root with RED power when you need a push or more physical energy! Manifest life's prosperity by charging your base chakra with root strength.

USE THE RED ENERGY TO...

- Build confidence and self-esteem. RED energy gives you inner strength and determination as well as physical confidence. RED also is connected to one's ability to stand up for oneself (and say "no" to others).
- Stimulate your love for life. If you need more passion, including in the bedroom, use RED energy.
- Feed your physical strength to help prevent illness. Also use RED energy if you are fighting a cold and especially if you are always getting sick (FYI: most physical symptoms indicate that your RED energy is low).
- Light your fire and get going. Cold hands or cold feet mean that your furnace needs to be stoked. RED energy is the body's fuel that keeps your flames hot and burning. As well it is the energy that stimulates circulation, building up your vitality and driving force.

Imbalances: Anemia, fatigue, obesity, back pain, sciatica, rheumatism, arthritis, poor circulation, constipation, hemorrhoids, piles, bladder infection, low blood pressure, depression.

Affirmation: I exist and I have the confidence to manifest all of my dreams into reality. I am safe and secure in who I am and the relationship I have to my body.

COLOUR ENERGY "RED" TOOLS

COLOUR BATH®—The RED COLOUR BATH stimulates our life energy and helps build inner strength, security and will power.

Essential Oils—COLOUR ENERGY offers 4 different therapeutic essential oils/blends, each with different healing attributes that are in the frequency of the "RED" ray. Ylang Ylang is known as an aphrodisiac. Sandalwood is excellent to help keep you grounded. Juniper can be used to aid manifestations. Or try COLOUR ENERGY's RED Energy Chakra Blend that is a perfect mixture to invigorate your base chakra and energize your vital forces.

Chakra Light Essence #1—Connects You to Earth & Matter. This essence will strengthen your primal and survival instincts, which are necessary in making decisions and accomplishing daily challenges! When the foundation of your energies is strong it will benefit all your other energy centres. Also helps to release past issues.

Aura Cleanser—Is a highly effective spray formulated to erase negativity from in and around us on many distinct energy levels. This Cleanser was especially created to help neutralize and purify areas where it is sprayed allowing you to shift to a higher level.

To learn more about COLOUR ENERGY's product line ask your local store for more information or visit our website at www.colourenergy.com. ☯

Colour Vibration & the Zodiacal Signs

ARIES – RED

MARCH 21st - APRIL 19th



THE FUNCTION OF THE RED ENERGY IS TO CONNECT YOU TO YOUR PHYSICAL BODY, EARTH'S REALITY AND YOUR EXISTENCE.

The ray of Aries is RED, the cosmic colour of life. Aries are dynamic people with an abundance of vitality and they like to help the weak.

The keynote of Aries is activity, manifesting in the material plane in their ambition, initiative and creativity, and on the higher plane as spiritual adventuring pioneers searching for a better world for all humanity. Aries are generally the most stimulating of all zodiacal signs on both the physical and spiritual levels. When unbalanced they can be demanding and neglect their emotional needs.

Use the RED energy to give you physical strength and endurance. RED energy is found in many foods such as tomatoes, cranberries, beets, cherries, etc. Place a RED gemstone (RED Tiger's Eye, Garnet or Ruby) in your pocket for grounding. COLOUR ENERGY RED oils are ylang ylang, sandalwood, juniper, cinnamon, vetiver or CE's Root Chakra Energy blend. Add a few drops of a RED oil to a RED COLOUR BATH or place a few drops of a RED oil or RED Chakra Light essence on the soles of your feet. The RED nutritional correlation is ginseng, echinacea, cayenne pepper, iron, goldenseal and ginger. Boost your vitality with some RED power today! ☯



TAURUS – ORANGE/RED

APRIL 20th - MAY 20th

THE FUNCTION OF OUR RED/ORANGE ENERGY IS TO LEARN TO EQUALLY INTEGRATE BOTH OUR PHYSICAL AND EMOTIONAL BODIES!

Taurus are strong-minded individuals who are incredible at overcoming any hurdles. They are the most powerful of all the earth signs and therefore very connected to earthly materials. The keynote of Taurus is "I love" and their life journey is often to transmute the love of personal possessions into a self-sacrificing service. Their strength is to cultivate and increase productivity to bring peace and plenty to humanity. If they resist their birth "right" and only go after life's pleasures for themselves, they may become stubborn and stuck.

RED/ORANGE is the best energy to stimulate our enthusiasm for life so that we can manifest in the present moment.

RED is the energy of passion; whereas, the ORANGE energy is your sensing abilities. Combined these two energies help you to feel life with enthusiasm and vitality. The RED/ORANGE energy is found in foods such as blood oranges. Gemstones such as RED coral and oils that when combined make an uplifting powerful blend reflects the RED/ORANGE ray. Mix the RED and ORANGE COLOUR BATH® and experience the frequency that gives you the confidence you need to help you release any anger and emotional blockages. Make an energizing morning beverage with beets, carrots and red apples and ginger. Boost your vitality with some RED power today! ☯